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'This nonsense must stop'

- Nutter tells parents to rein in kids because 'things are going to change'
- Some question whether more enforcement will make a difference

{page 02}

RICARD LARMA/METRO

▶ As youth mobs continue to plague the city, Mayor Michael Nutter is planning more severe measures to keep the peace.

News

Philly SEAL killed in copter crash

- Petty Officer Michael Strange, 25, was on third tour in Afghanistan
- Son of a city police officer {page 02}

Sarandon still pingponging

The movie star on why she is so in love with table tennis {page 06}

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Nutter takes pulpit to talk youth mobs

Mayor condemns recent bad behavior, blasts absentee parents ◗ He is expected to announce harsher measures today ◗ Admits problems are caused by 1 percent of youth

PAIGE OZAROSKI/METRO

▶ Mayor Michael Nutter took the pulpit at Mount Carmel Baptist Church yesterday to talk about youth mobs.

Silent majority

While Nutter admitted that "99 percent" of Philadelphia teens are law-abiding kids, he said the other one percent are doing irreparable damage to their peers — and to their race. "Some of them have made chains on our wrists," he said. "I am forced by the stupid, dumb, ignorant actions of a few to take actions tomorrow that will affect many."

"If you wanna be aggressive, we'll be aggressive and we've got the biggest, baddest gang in town," he said. METRO/AW

Mayor Michael Nutter took a hard line against youth mob violence yesterday — chastising the black community in particular— from the pulpit of his West Philadelphia church.

"This nonsense must stop," he thundered at Mount Carmel Baptist Church. "If you wanna act like a butthead, your butt's gonna get locked up. If you wanna act like an idiot, move; we don't want you here anymore."

Nutter's remarks were met with riotous applause as he addressed absentee parenting, peer pressure, and a sense of entitlement and disregard for consequences that seems to permeate teens who participate in violent swarms. The remarks came on the heels of the latest mob attack on July 29 in Center City, when two men were assaulted by 20 to 40 teens.

"Parents, if you don't know where your kids are, you're gonna find yourself spending quality time with them in jail," he said, calling absent fathers "walking ATMs" and "sperm donors."

"Please talk to your children because things are going to change," he warned. The city said on Friday that it would ramp up enforcement of the teen curfew with a beefed-up weekend police deployment, and Nutter is expected to announce more serious measures involving both community groups and the court system at noon today.

Some in the black community agreed with Nutter's assessment, but say extra enforcement measures aren't enough to deal with the complicated sociological problems that have fostered a culture of violence.

"A black man may not have an opportunity to take care of his children. There are no jobs," said security officer Douglas Jordan, 49. "More police will solve nothing. You have to get to [the kids'] hearts. Throwing their mom in jail ... is just going to cause more havoc."

ALEX WIGGLESWORTH
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— Additional reporting by Yotam Dror

Curfew violations

Though Mayor Nutter hasn't yet announced the most severe measures that will be taken to stifle Center City's flow of teen mob violence, authorities are already cracking down on curfew rules.

- **Police handed out** eight curfew fines on Friday and seven fines Saturday night on South Street.
- **Under the rules,** youth 13 and under must be off the streets by 10 p.m. on weekends.
- **Youth ages 14 to 18** must be home by midnight.
- **The fines** are $150 each.

Northeast man killed in Afghanistan

The son of a Philadelphia police officer was among the 30-plus service members killed when the helicopter they were in was shot down in Afghanistan late Friday. The Taliban have claimed responsibility for the crash, but NATO is still investigating.

Navy SEAL Petty Officer Michael Strange, 25, of Mayfair, was on his third tour in Afghanistan when he was felled by a rocket-propelled grenade.

Strange, a graduate of North Catholic High School, was a member of SEAL Team 6, the unit that carried out the raid that ultimately killed Osama Bin Laden in May. METRO/AW

In the news

Staying 'Sunny'

"It's Always Sunny in Philadelphia" will be live on for two more seasons, with an option for a third, FX President John Landgraf announced over the weekend. The hit comedy, starring Rob McElhenney, Charlie Day and Danny DeVito, is currently in its seventh season.

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MIRANDA JULY TALKS "THE FUTURE"

Ex-offender group marks milestone

- Founder say success beyond her 'wildest dreams'
- Nearly 100 women have come through program

Fifteen years ago, Michelle Simmons was caught in a vicious cycle of prison, prostitution and drug abuse that promised to send her to an early death.

Then, one day while incarcerated in Los Angeles, a woman introduced her to God. Last Thursday, Simmons celebrated the 10th anniversary of Why Not Prosper, a nonprofit organization she founded to help rescue female ex-offenders like herself. Since 2003, her program has served 93 women, 55 of which have graduated.

"It's been through the special grace of God," said Simmons, 43, now an author and minister at New Hope Baptist Church in Norristown. "I am totally living beyond my wildest dreams. I never thought the little, tiny dream I had would grow up and live this long."

832%

Percentage the female prison population grew between 1977 and 2007 – compared to 416 percent for men during the same period according to the Bureau of Justice Statistics.

"What we do at Why Not Prosper is deal with the guilt and the shame. The [assessment] shows that when they lose the rights to their kids that is the most the traumatic thing that causes them to go back," said Simmons, whose own children were once in foster care.

Malissa Gamble, who entered the program around 2005, now runs her own nonprofit called The Time is Now to Make a Change.

"When it comes to this population, the women are so underserved. Michelle, she goes beyond the call of duty," Gamble said.

SOLOMON D. LEACH
sleach@metro.us

PAIGE OZAROSKI/METRO

Fairmount Park. Arts and crafts

▶ Sayoko, center, shows her pupils the process yesterday.

Families get lesson in Japanese kite-making

Yuran, 7, and her mother, Yukiko (left), work on their Rendako kites, along with Shion, 10, and her mother Eiko, at the Horticultural Center at Fairmount Park yesterday. Sayoko (center) helps direct in the project, which uses softened bamboo and washi paper.

GETTY IMAGES

▶ Brady

Urban forum at Temple U.

NORTH PHILADELPHIA. Temple University's Fox School of Business will host Mayor Michael Nutter, White House representatives and elected officials today for a discussion on how the White House and the private sector can help develop the nation's economy.

The forum will be one of seven hosted around the country to connect with business leaders. Camden Mayor Dana Redd and Delaware Treasurer Chip Flowers are also expected to attend. METRO

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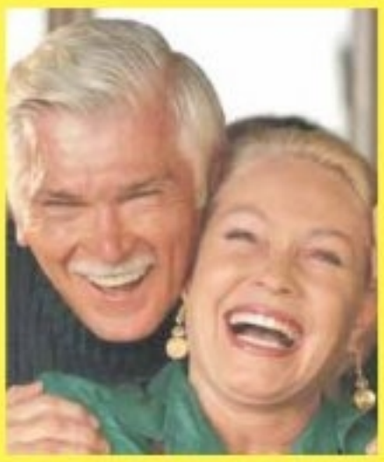
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1-in-3 odds that AA rating falls

S&P managing director says US could see further credit downgrade ‘Stabilization’ needed to recover

Standard & Poor's managing director John Chambers said yesterday there is a one in three chance of a further U.S. credit rating downgrade over the next six months to two years.

"We have a negative outlook ... from six months to 24 months," he said on ABC's "This Week."

"And if the fiscal position of the United States deteriorates further, or if the political gridlock becomes more entrenched, then that could lead to a downgrade. The outlook indicates at least a one in three chance of a downgrade over that period."

Chambers said that it would take some time for the United States to recover its AAA rating.

"It would take a stabilization of the debt as a share of the economy and eventual decline. And it would take, I think, more ability to reach consensus in Washington than what we're observing now," he said. REUTERS

Quoted

"In a word, volatility."

CITIGROUP STRATEGIST JAMIE SEARL, ON WHAT INVESTORS CAN EXPECT IN THE WEEKS AHEAD

Geithner staying

- Treasury Secretary Timothy Geithner, who had considered stepping down after the government borrowing limit was raised, will remain at his post at President Barack Obama's request, the administration said yesterday.
- "The president asked Secretary Geithner to stay on at Treasury and welcomes his decision," White House spokesman Jay Carney said in a statement.

BRANDON THIBODEAUX/GETTY IMAGES

Politics. Perry

▶ Rick Perry prays at the nondenominational prayer and fasting event.

Perry offers prayer for America

Texas Gov. Rick Perry, expected to enter the Republican race for the White House within weeks, offered a prayer for America at a controversial religious rally that put the spotlight on his Christian faith. Perry, who has made his religious beliefs a big part of his public image, urged an enthusiastic crowd at the seven-hour gathering to pray for President Barack Obama and other U.S. leaders. "Father, our heart breaks for America," said Perry. REUTERS

Inquiry on airstrike deaths

KABUL. Afghan President Hamid Karzai ordered an investigation yesterday into a NATO air strike that killed eight civilians, adding more fuel to an already contentious issue between Kabul and foreign forces. Violence is at its worst in Afghanistan since U.S.-backed Afghan forces toppled the Taliban government in late 2001. While there have been high levels of foreign troop deaths, Afghan civilians have borne the brunt of the conflict. REUTERS

DAN KITWOOD/GETTY IMAGES

▶ A man photographs a burned-out car after riots on Tottenham High Road in London.

London sees worst riots in years

LONDON. London braced yesterday for more violence after some of the worst riots in the British capital for years which politicians and police blamed on criminal thugs but residents attributed to local tensions and anger over hardship.

Rioters throwing petrol bombs rampaged overnight through the deprived district of Tottenham in north London, setting police patrol cars, buildings and a double-decker bus on fire.

"There are Twitter conversations that people are being asked to meet again down in Tottenham, so we are all concerned — but clearly we will be much better prepared this evening," Richard Barnes, London's Deputy Mayor, told BBC TV. REUTERS

45K Verizon workers go on strike

Almost half the workers in Verizon Communications wireline telecommunications business went on strike yesterday as negotiations for a new labor contract failed.

The strike involves 45,000 workers. It's the first walk-out that Verizon, one of the two big U.S. telephone network operators, has faced since 2000 — when about 80,000 workers went on strike for about three weeks.

Verizon and two unions — The Communications Workers of America and the International Brotherhood of Electrical Workers — had been in talks since late June but were still far apart when their contract expired Saturday night.

The workers who went on strike are technicians and customer-support employees in the wireline unit, which provides traditional phone services to homes and businesses in the Northeast as well as high-speed Internet and FiOS television service. REUTERS

Filling in

Verizon said late Saturday night that it had trained tens of thousands of employees, from retirees to management, to fill the role of the workers who are now on strike.

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Faulty gene linked to ovarian cancer

Testing for RAD51D gene should be available in a few years Development of new drugs could quicken

Women who carry a faulty copy of a gene called RAD51D have an almost one-in-11 chance of developing ovarian cancer, scientists said yesterday in a finding they called the most significant ovarian cancer gene discovery for more than 10 years.

Tests to identify those at the highest risk are expected to be available within a few years, according to Cancer Research U.K. This may lead some women to decide to have their ovaries removed in order to beat the disease.

The finding should also speed the search for new drugs.

Laboratory experiments already suggest that cells with faulty RAD51D are sensitive to PARP inhibitors — a new class of drugs designed to target cancers caused by faults in two known breast and ovarian cancer genes, BRCA1 and BRCA2.

230K
Estimated number of women worldwide that are diagnosed with ovarian cancer each year

Several large drugmakers, including Abbott, Merck, Pfizer, Sanofi-Aventis and AstraZeneca, are developing PARP inhibitors, which work by blocking DNA repair mechanisms in cancer cells, stalling the cell cycle and leading to cell death.

Data released in May showed that one of these, AstraZeneca's olaparib, was able to slow the progression of ovarian cancer in a midstage clinical trial.

For the latest study, researchers from Britain's Institute of Cancer Research compared the DNA of women from 911 families with ovarian and breast cancer to DNA from a control group of more than 10,000 people from the general population.

REUTERS

GETTY IMAGES

TV. Honeymoon's over

"Desperate Housewives" stars, from left: Felicity Huffman, Marcia Cross, Eva Longoria and Teri Hatcher.

ABC plans to divorce 'Housewives'

ABC yesterday said it is ending "Desperate Housewives" when the current, eighth season wraps up in 2012, sending the popular ladies of Wisteria Lane packing into TV history. ABC made the announcement to television critics, calling it an "iconic show" for the network. The show was hugely popular after it first began airing in 2004, winning numerous awards and gaining audiences overseas. But as with all TV shows, its popularity has waned as the show has aged. REUTERS

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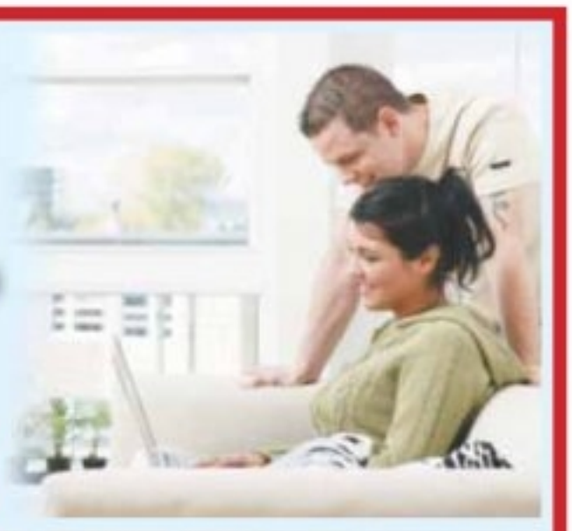

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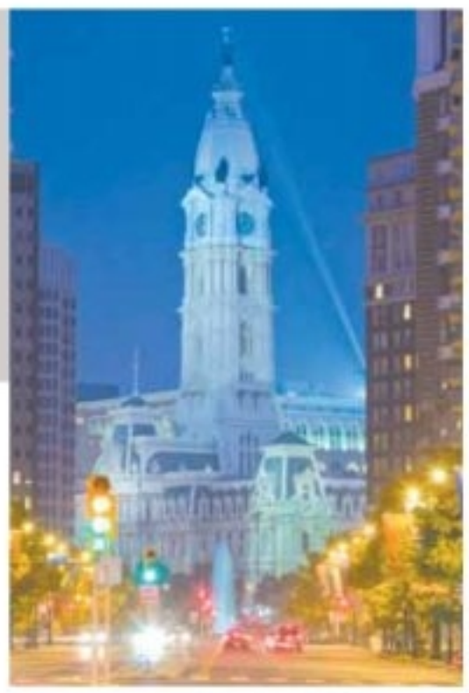

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THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

She's having a ball

EUGENE GOLOGURSKY/GETTY IMAGES FOR GREY GOOSE

Susan Sarandon's love of all things pingpong is well-documented (she's an investor at SPiN, a pingpong parlor located in New York's Flatiron district). But she still claims she's an average player and not cutthroat at all — a fact that really hit home during a recent trip to China.

"Not at all," she said when asked if she were a competitive player. "I just played recently in China, and it was the most traumatizing thing. First of all, I had no idea what was going on. Second of all, I'm not competitive. I'm shy."

Is it pingpong that keeps the svelte 64-year-old in such great shape? Maybe! "It's really good exercise, it's great for the brain, it relieves stress," she told Metro on Friday while at an event with Grey Goose and SPiN in East Hampton. "They've been doing tests on Alzheimer's and really recommend [that patients] practice to work on right brain/left brain coordination."

Now if only we city-dwellers had enough room for a pingpong table ...

— Additional reporting by Tina Chadha

▶ Sarandon showed off her skills on Friday while in East Hampton.

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DOROTHY ROBINSON'S WORD BLOG

The J. Lo divorce is getting ugly

The "amicable" part of **Jennifer Lopez** and **Marc Anthony**'s split is apparently done, as the inevitable custody battle has reportedly gotten under way with Lopez looking for sole custody of their twins, according to Us Weekly. "They are always with their mom. Jennifer lights up around her kids. She's incredible, balancing work and being a good mom," a source says.

The youth shall inherit the Twitter

Well, here's something that is going to make you feel old: The top actresses ranked by their Klout score (a measure of how much online influence people have) are **Demi Lovato**, **Selena Gomez**, **Ariana Grande**, **Miley Cyrus** and **Bella Thorne**. As the Huffington Post points out, the average age of these tweeters is a ripe 17. The HuffPo then had Ad.ly, a company that pays celebrities to tweet on behalf of brands, compile a second list of the most influential tweeters when it comes to people buying what they mention. The winner? **Lindsay Lohan**.

Lohan, an actress who is less successful than **Tara Reid** in landing a movie gig. And there you have it: The world really is a vampire.

The feed ...

▶ Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Chris Colfer is addressing his problems, Seth MacFarlane is looking on the bright side, Eva Longoria is celebrating the little things and Katy Perry is having a treat.

▶ @chriscolfer
Just realized I may have more framed pictures of pets than socially acceptable...

▶ @SethMacFarlane
Somehow a double-A credit rating seems more American anyway.

▶ @EvaLongoria
Today was the first time i parked in my reserved parking spot on Universal lot in 8 years!

▶ @katyperry
u know it's gonna b a good show when someone brings u rainbow colored rice krispie treats.

Perry

Talking points

Clooney's wrestling lady

George Clooney is reportedly rebounding from **Elisabetta Canalis** with ex-wrestler **Stacy Keibler**, according to Us Weekly. "It's more than just a fling," a source says of the pair, who have known each other for about four years. "They're basically exclusive at this point. They like each other's sense of humor. Obviously they're both physically attracted to one another." But the new couple apparently plans to keep things private when it comes to their relationship: "I don't see her hitting any of the red carpets with him," the source adds.

GETTY IMAGES

▶ Keibler

Jolie is 'bored' with England

Angelina Jolie is reportedly so bored in England while **Brad Pitt** films "World War Z" that she's considering packing up the kids and heading back to the U.S. before he's finished, according to Us Weekly. "She's not pleased being at home while he's on set," the source says. "These are the longest hours he's spent on a set in a while, so it's just her and the kids with not much to do." While Jolie has been giving life in London a go, including taking son **Maddox** and her older children to see "Wicked" over the weekend for his birthday, it's unclear how much longer she'll be interested in sticking around.

Winehouse home to be rehab center

Amy Winehouse's family is reportedly planning to turn her $4 million north London home into a rehab center and the offices of the Amy Winehouse Foundation, according to the Sun. "They don't want to rent it out, and if they sold it they think it could attract the wrong kind of buyer as it was where Amy passed away," a source says. "Everyone is united in making it a success — the label, her family, friends and management. [Her father] Mitch has big plans and needs a nice environment where employees will be able to carry out their work properly."

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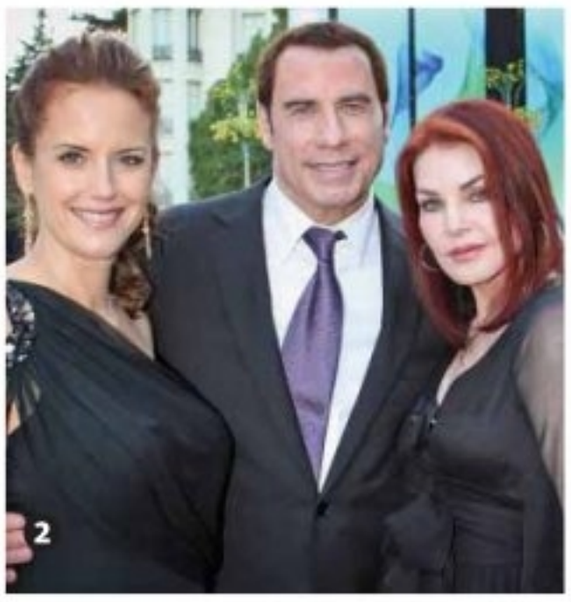
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A 'Glee'ful weekend

1: Lea Michele strutted her stuff on the red carpet at the premiere of "Glee: The 3D Concert Movie" on Saturday in Westwood, Calif.
2: Kelly Preston, husband John Travolta and Priscilla Presley attended the Church of Scientology Celebrity Centre's 42nd Anniversary Gala Saturday in Hollywood. Other notable Scientologists Jenna Elfman, Jason Lee and Juliette Lewis also attended.
3: Nicki Minaj bit down on a tasty snack during a taping of ABC's "Good Morning America" on Friday. She later caused a stir when she had a "wardrobe malfunction" while on air.
4: Dakota Fanning sported a new, short do while on the set of her new film "Now Is Good" on Friday in London.
5: Nick Cannon gave the most uninspired point ever while at the set of Fuse Studios on Friday in New York. His new twins must be wearing him out!
6: Speaking of Minaj, a "Mini-Britney" and "Mini-Minaj" hit the Beach Bar at Bally's Wild West Casino on Saturday in Atlantic City. No mini-nip slip was reported.

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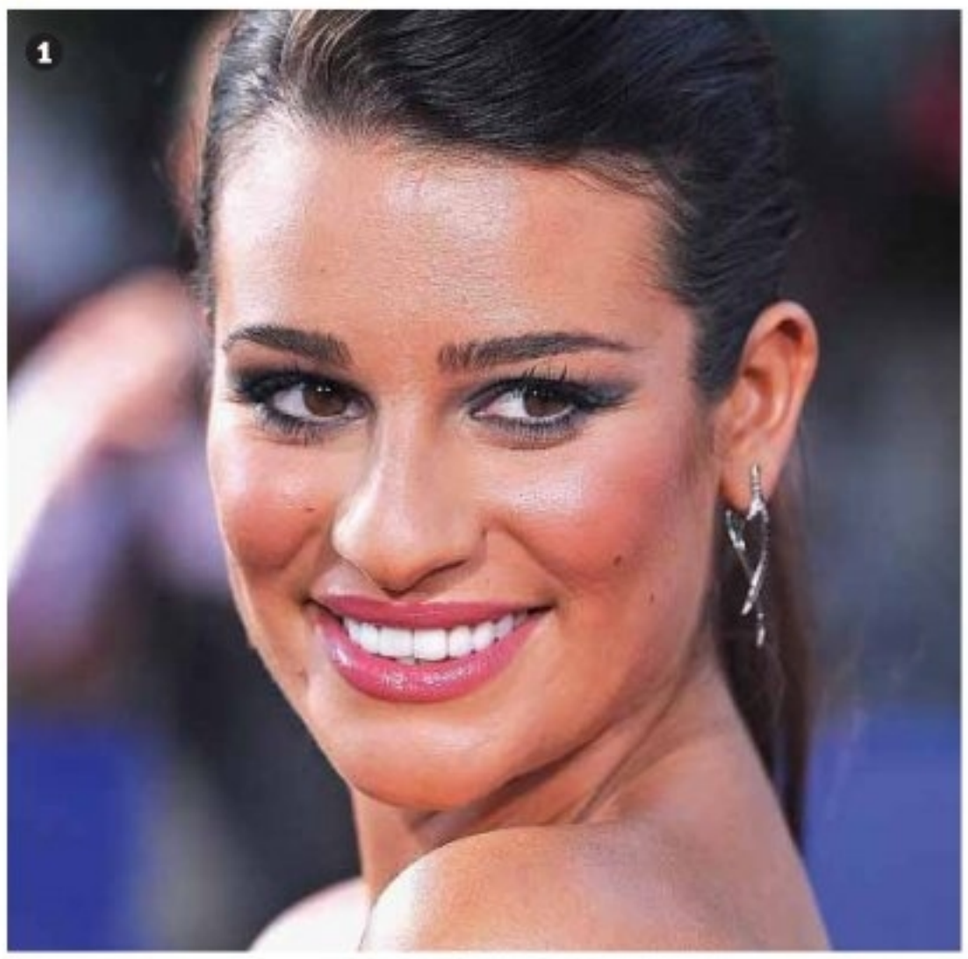
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1: FRAZER HARRISON/GETTY IMAGES
2: RAY KACHATORIAN/GETTY IMAGES
3: JEMAL COUNTESS/GETTY IMAGES
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5: BEN HIDER/GETTY IMAGES
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‘Planet of the Apes’ prequel conquers the weekend box office

▶ A wiser-than-usual ape intimidates a police officer in “Rise of the Planet of the Apes.”

META DIGITAL

Sci-fi thriller “Rise of the Planet of the Apes” reigned at the weekend box office with $54 million in ticket sales at U.S. and Canadian theaters, according to studio estimates released yesterday.

Surprise summer hit “The Smurfs” finished second with $21 million domestically over three days, followed by sci-fi Western “Cowboys & Aliens” with $15.7 million.

New body-switching comedy “The Change-Up” finished fourth with $13.5 million, at the low end of forecasts. The film, starring Jason Bateman and Ryan Reynolds, was widely panned for its formulaic plot and raunchy humor.

“Rise of the Planet of the Apes” was released by 20th Century Fox, a unit of News Corp. Starring James Franco, Freida Pinto and Andy Serkis, the film is set in modern-day San Francisco at a medical research facility that tests Alzheimer’s medications on apes.

“The Change-Up” and “Cowboys & Aliens” were distributed by Universal Studios, a division of Comcast Corp. Columbia Pictures, a unit of Sony Corp, released “The Smurfs.”

REUTERS/METRO

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‘Mad Men,’ ‘Modern Family’ big winners at TCA Awards

Live from TCA press tour: Critics honor the best
‘Friday Night Lights’ and Oprah get fond farewells

The winners

- **Program of the Year:** “Friday Night Lights” (DirecTV/NBC)
- **Outstanding Achievement in Drama:** “Mad Men”
- **Outstanding Achievement in Comedy:** “Modern Family” (ABC)
- **Individual Achievement in Drama:** Jon Hamm (“Mad Men,” AMC)
- **Individual Achievement in Comedy:** Ty Burrell (“Modern Family,” ABC) and Nick Offerman (“Parks and Recreation,” NBC)
- **Outstanding New Program:** “Game of Thrones” (HBO)
- **Outstanding Achievement in Reality Programming:** “The Amazing Race” (CBS)
- **Outstanding Achievement in News and Information:** “Restrepo” (National Geographic Channel)
- **Outstanding Achievement in Youth Programming:** “Sesame Street” (PBS)
- **Career Achievement Award:** Oprah Winfrey
- **Heritage Award:** “The Dick Van Dyke Show”

The Television Critics Association took time off from interviewing TV talent to honor them on Saturday night at the 27th annual TCA Awards, a ceremony recognizing achievement in the medium. At the Beverly Hilton in Beverly Hills, Calif., “Friday Night Lights” took the night’s top honor, named program of the year in its final season. The football drama had previously been recognized by the TCA as the outstanding new program of 2006. “Game of Thrones” won outstanding new program this season.

“Mad Men” swept its categories; the series was named best drama for a third year, while Jon Hamm took home the award for individual achievement in drama. “Modern Family” also dominated its category, earning its second straight award for best comedy, while star Ty Burrell was honored for individual achievement in comedy — an award he shared with “Parks and Recreation” star Nick Offerman, who also served as host of the TCA Awards ceremony.

THE TELEVISION CRITICS ASSOCIATION PRESS TOUR, A MEETING OF JOURNALISTS AND NETWORKS TO PREVIEW NEW AND RETURNING SERIES, KICKED OFF IN LATE JULY. FOLLOW OUR COVERAGE ONLINE AT **WWW.METRO.US/TV** AND ON TWITTER: **@AMBERATMETRO.**

New this year was the award for outstanding achievement in reality programming, which went to “The Amazing Race.”

Oprah Winfrey accepted the career achievement award via a taped speech, thanking TCA members for their honest criticism. Carl Reiner accepted the TCA Heritage Award, honoring programs that have a lasting impact on popular culture, on behalf of “The Dick Van Dyke Show.”

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FRANK OCKENFELS/AMC

▶ Jon Hamm and “Mad Men” won top awards at the Television Critics Association Awards on Saturday.

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TV watch list

HBO
▶ Mr. Xtreme is featured in "Superheroes."

'Superheroes'

FILM. Like "Kick-Ass" come to life, real caped crusaders don masks and fight evil on city streets in this fascinating doc examining a zealous subculture aiming to help people. And dress in Spandex.
Premiere, 9 p.m., HBO

'Bachelor Pad'

REALITY. Eighteen former contestants from the "Bachelor" franchise are given the chance to make terrible relationship mistakes all over again when they move back into the mansion.
Season premiere, 8 p.m., ABC AMBER RAY

He is the ape man

Andy Serkis, aka Gollum, takes on another CG role in 'Rise of the Planet of the Apes'

If any actor is an expert at performance-capture technology, it's Andy Serkis. Serkis is best known for inhabiting Gollum in "Lord of the Rings" and playing the titular ape in "King Kong," both for Peter Jackson. He suits up again for Rupert Wyatt's "Rise of the Planet of the Apes" as Caesar, a chimp that starts a revolution.

But as much as he's made a name for himself through performance capture, Serkis doesn't think you should notice. "People aren't so much wanting to celebrate the technology anymore. It's something that we need to get over, really," he says.

Maybe Serkis is so over it because he's had more to do with the technology than most actors. "On 'Lord of the Rings,' my performance was shot on 35mm with all the other actors, then I had to go and reshoot in the performance-capture volume. ... It was very, very early days," he says. "When we started to work on 'King Kong,' it was the first use, really, of facial capture."

For his latest bit of monkeying around, Serkis donned a motion-capture suit and head-mounted camera rig more like what was used for "Avatar," interacting on the set. "On 'Rise of the Planet of the Apes,' it's the first time that performance capture has existed on live-action sets," he says. "We didn't have to go back and repeat anything."

While the technological advances may be new, the franchise is anything but. Based on a 1963 French novel, the "Planet of the Apes" line has launched seven movies, two TV series and comic books. So why the lasting appeal? "We go through a kind of cycle of being interested in our closest brethren," Serkis says. "I suppose we gauge ourselves against them."

GETTY IMAGES

▶ Andy Serkis is the human behind Caesar, the smartest ape.

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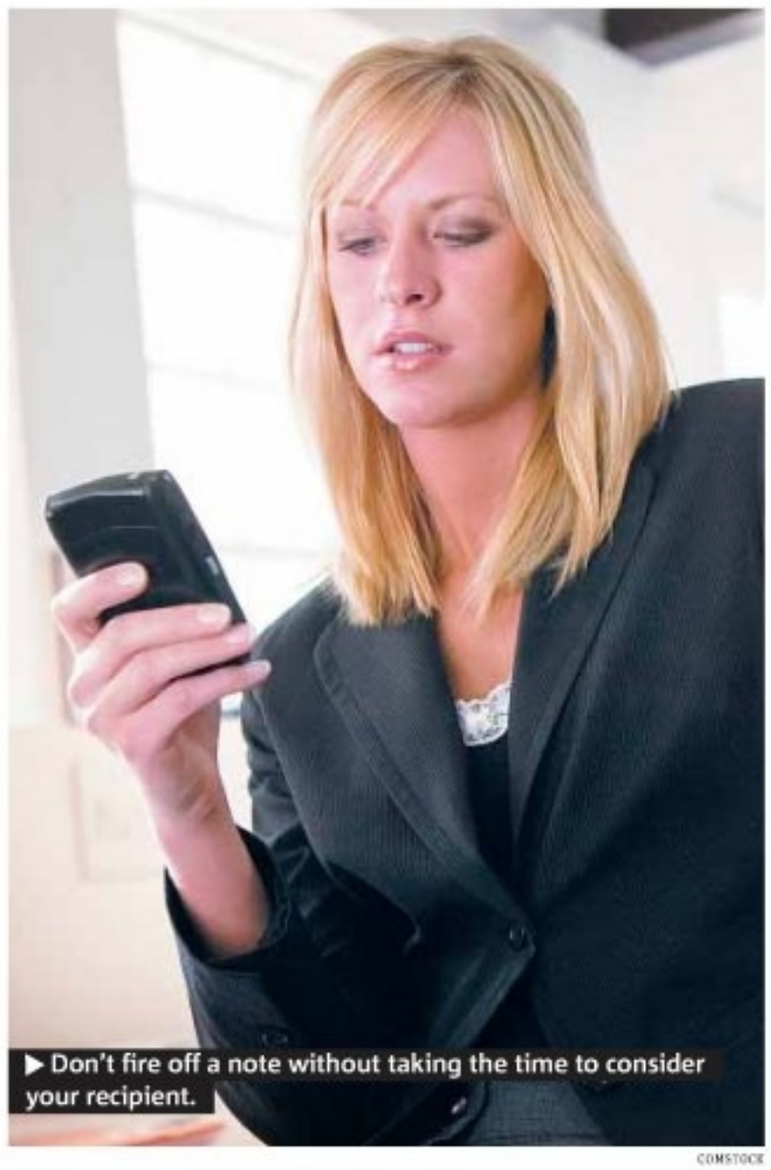
THINK before you send

Don't let your thumbs get in the way of a bright career Expert e-mail etiquette tips

In the age of auto-spell check, it's tempting to thumb out double-time memos with no regard for the art of spelling. Still, career counselors warn, your lack of SMS manners could cost you. "People are losing the art of putting together a complete couple of sentences," says career coach Sue Thompson. "You need to consider to whom are you writing."

"It's all about building rapport," agrees Shirin Khamisa, founder of Careers By Design. If your e-mails are responded to with snappish, unpunctuated replies — no "Hey, how are you," no "Nice to hear from you" — then you might, she suggests, keep your correspondence curt. "But if it's a person who has a more personal touch, then I would reciprocate," she adds. "Those niceties are very important in building relationships, even online — and especially online — because we need that glue to hold us together."

Older workers, Thompson notes, can be made uncomfortable by an overload of Web 3.0 abbreviations. "Baby boomers are going to expect a fairly concise, but formal e-mail," she says. And they'll likely place a greater importance on spelling, she adds: "Some people will really consider your spelling, whether you know the difference between 'your' and 'you're.' Just respect the person to whom you're writing. That's what etiquette is."



▶ Don't fire off a note without taking the time to consider your recipient.

COMSTOCK

Keep it clear

Don't get so lost in digital decorum that you never get to the point, Khamisa cautions.

"Be very clear about action steps," she advises. "Keep those in the top of the e-mail so they don't get lost. Put them in the subject line. Present things the way you'd want them presented to you."

Personalize your signature

If a picture's worth 1,000 words, then a low-resolution headshot can't hurt. "Attach a small photo in your signature," says Khamisa. "The next time you meet, you'll notice a difference in how you're received."

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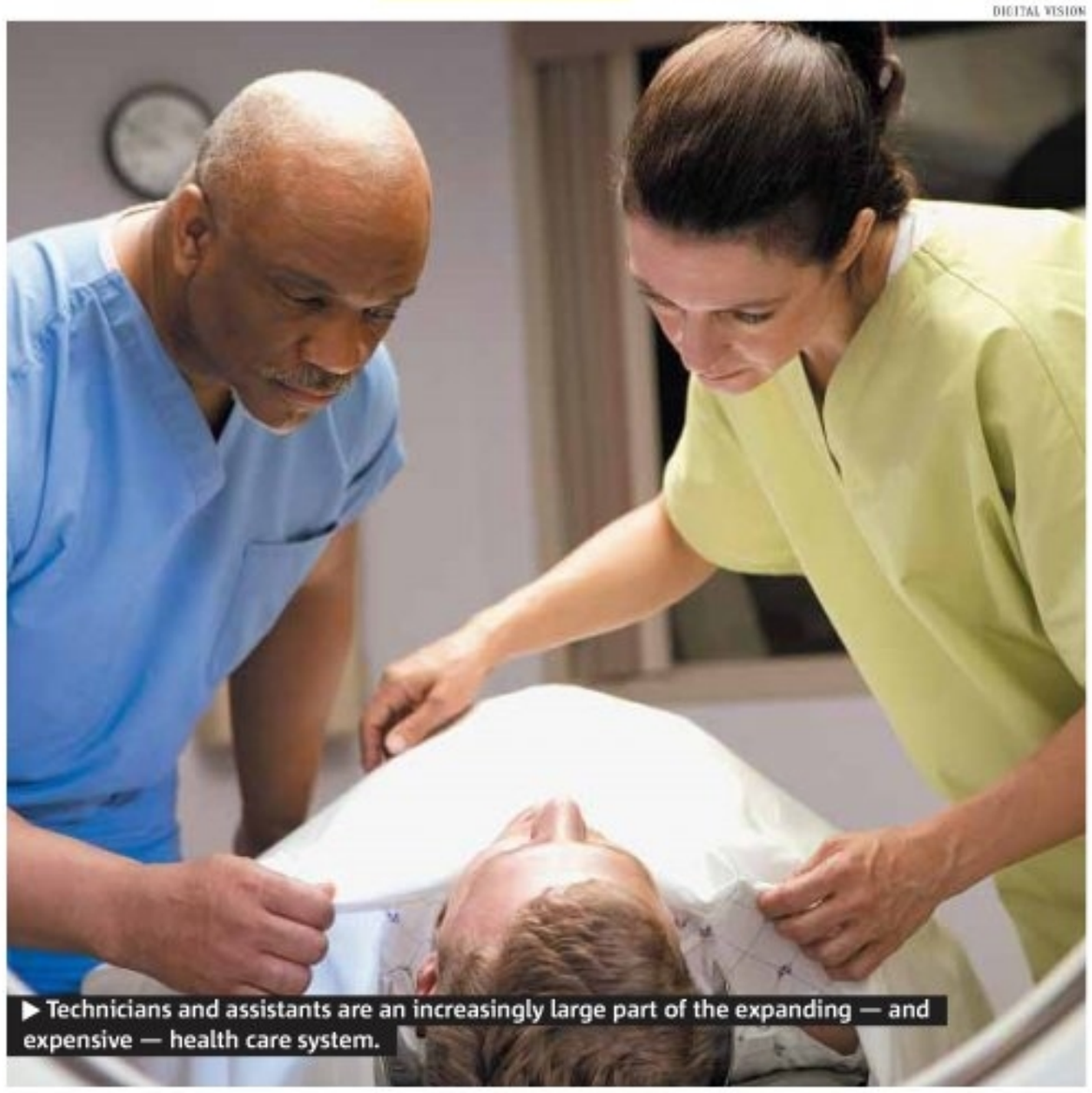


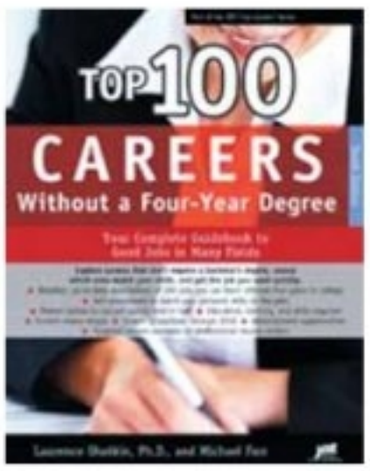
▶ Technicians and assistants are an increasingly large part of the expanding — and expensive — health care system.

Qualifications: No four-year degree required

A bachelor's degree opens numerous doors, but there will continue to be opportunities for those without one

A traditional four-year degree puts up some enticing numbers: According to statistics from the U.S. Department of Education, in 2008, young adults with bachelor's degrees were less likely to be unemployed than those with high school diplomas, while they earned 28 percent more than their peers with associate's degrees.

However, according to "Top 100 Careers Without a Four-Year Degree" co-author Laurence Shatkin — who, it should be noted, pursued a Ph.D. — there are still stable fields for those with less formal education and training.



Skilled labor

While some jobs will continue to be outsourced, others, by design, will have to stay right here in the U.S. "There is always going to be a need for skilled workers such as plumbers, electricians and construction workers. You can't ship these careers overseas — you need to have them here," says Shatkin.

Health care

While he notes that a four-year degree is still the preferred route for registered nurses, Shatkin identifies ultrasound technicians, medical office assistants and home health care aides as just a few of the positions that require less training and will be in demand. "It's not so much that they're new careers, but the workforce has expanded," he says. "It's partly that the population is getting older, and partly that there's new technology and people who will be covered by that. In an attempt to reduce costs, there's been a shift in responsibilities to lower paid workers."

Alternative energy

As "green" becomes mainstream, there will be a need for workers at every education level in alternative energy fields. "Every Wal-Mart that gets built now has a green roof," points out Shatkin, who predicts more opportunities in solar and wind power, hybrid cars and energy auditing.

MONICA WEYMOUTH
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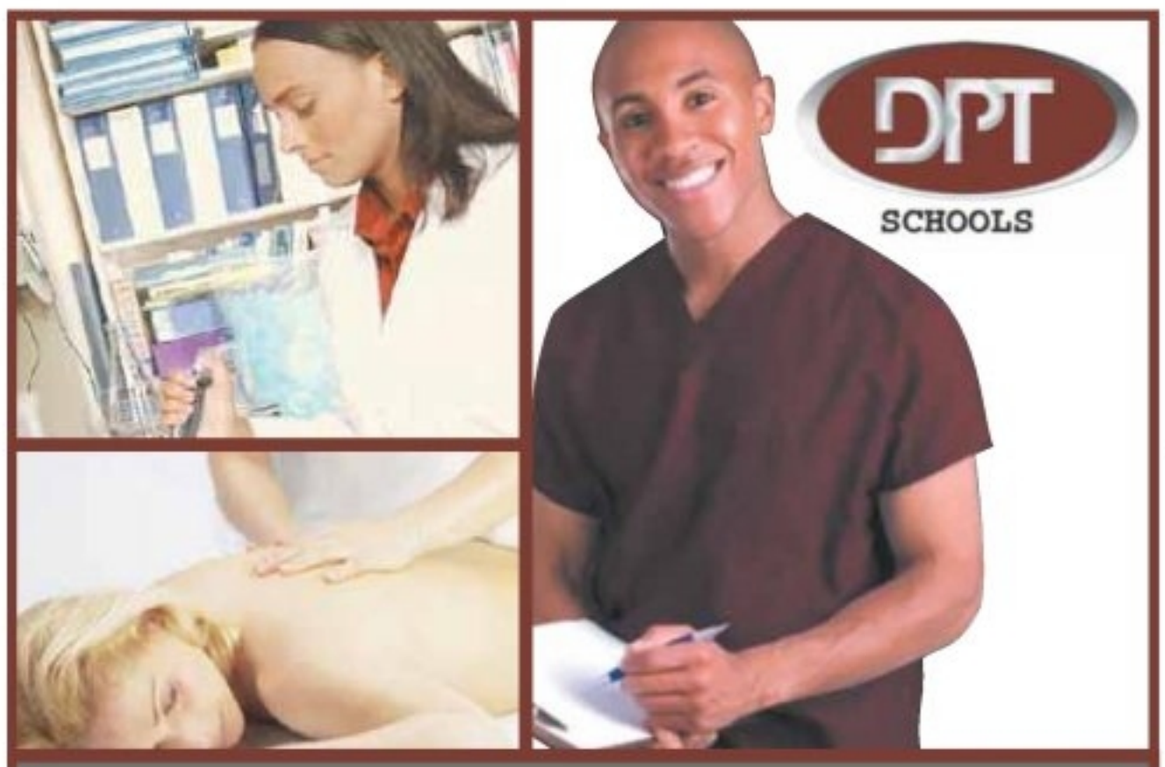

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The freshmen are all right

It's easy to complain about their MTV-era attention spans But despite popular opinion, one researcher says today's college students are as engaged as ever

It's likely that 2011's batch of freshmen will be greeted by some professors who have a pretty low opinion of today's students.

The common view is that students are much less prepared for college today, that standards are far lower and that freshmen have a shorter attention span each year.

Sound familiar?

But, according to Brent Bell, a researcher at the University of New Hampshire, students shouldn't take their professor's condemnations too seriously, because: Professors have almost always felt this way, and it simply isn't true.

Quoted

"For teachers, it truly feels like the students are much less prepared. But I found that this sentiment was pretty consistent right back to the early 1900s."
BRENT BELL

Bell recently authored "What Do You Expect From Millennials?" in the Journal of College Orientation and Transition, in which he takes this prevailing view head-on.

"My first year of teaching, I was shocked at how poorly my students were writing; but then I had the experience of finding my old papers from undergrad. I realized that I had improved dramatically over a period of time, but had remembered myself as a much better writer," he explains. "For teachers, it truly feels like the students are much less prepared. But I found that this sentiment was pretty consistent right back to the early 1900s."

Ultimately, after the initial typically rough first semester, Bell found that today's college students are doing about the same quality of work — and maybe even better — than their predecessors.

"The best criticism of that is grade inflation — students aren't held to the same standards," he says. "But if you look at the SAT over the years, the scores have stayed pretty much the same — and that's with far more students taking the test."

THINKSTOCK

▶ If you guys text during a lecture, we're taking back all the nice things we just said.

The tough transition

Bell does remain concerned about the freshman transition. Dropout rates are highest during the first year of college.

"What I'm finding is that getting students to trust each other, build [a] community and have honest conversations with each other is what really adds to their educational experience," he explains. "The transition is much smoother for students who have an opportunity to do that."

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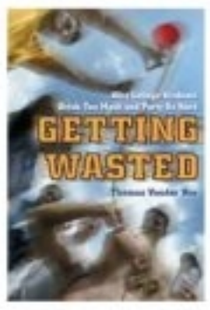
How to keep the party

Nobody's saying beer pong doesn't have a time and a place But schools need to do their part in helping to control extreme behaviors

Ohio University professor Thomas Vander Ven has been studying underage drinking patterns since 2005. His latest book, "Getting Wasted: Why College Students Drink Too Much and Party So Hard," is a formal study of the patterns behind college drinking.



Has excessive drinking increased on campuses?

We've had a lot of research since 1993. Binge drinking rates have remained stable; at the same time, we've had a massive increase in programming to reduce it. The other significant trend is an increase in the number of abstainers — those that don't drink at all. But, interestingly, we've also had an increase in frequent binge drinkers.

Sounds like behavior is moving to the extremes.

That's a good way to put it.

Should campuses be alcohol-free?

I don't think it's possible to eliminate drinking and keep enrollment where it is. But I don't think we should anyway. Students wouldn't be doing this if there weren't positives to it. It's not all negative outcomes: getting sick, getting arrested and burning couches. There's a lot of bonding, mutual affection and social support that emerges from the drinking scene.

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fun — and safe

THINKSTOCK

▶ Ohio University professor Thomas Vander Ven wants schools to communicate with local bars to keep students safer.

Q&A

What can colleges do to make drinking safer?

For starters, we can definitely do something about the heavy drinking that occurs on 21st birthdays. There's a sort of cultural mandate to get the birthday boy or girl staggeringly drunk. This is often facilitated by local bars. Colleges should start communicating with these establishments immediately. We also need to institutionalize and strengthen some of the informal social support that's already there. For instance, we need to teach bystander intervention techniques.

BRUCE WALSH
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Letters

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Heed a call to disarm

Aug. 9 marks the commemoration of the atomic bombings of Hiroshima and Nagasaki. Sixty-six years is enough! Keeping such weapons on high alert creates unacceptable risks. In this time of budget crisis, it is unthinkable that we continue to find funding for these weapons while cutting essential programs that support our nation. Desmond Tutu wrote: "Nuclear arms are wicked regardless of who possesses them. So long as these weapons exist, the threat of their use either by accident or through an act of sheer madness will remain." Eliminating all nuclear weapons is the best way to secure a safe and healthy future

MICHEL H NAZAIRE, VIA E-MAIL

Two's company, three's a crowd

Our founding fathers were against declaring political parties and receiving pay for public service. We made short work of such idealism. But we did agree on one thing concerning political parties: of all the options, the two-party system was the most efficient. The "Tea Party" label infers that it is a legitimate political party, which it is not. I suggest we rename the Tea Party the "Tea Baggers" since they seem to come to life in hot water. It's all in semantics.

KEN BONACCI, VIA E-MAIL

RE: Goodbye & good riddance

I am a believer of small government, which is why I think that disqualifies me as a Democrat; I identify as an independent. The problem with Tea Partiers is that they do not believe in small government. They pick and choose when they want government to be small and when they want to control the lives and rights of the American people. For example: a woman and her vagina.

ALICIA PEREZ, VIA E-MAIL

A matter of priorities

A polar bear in Norway kills one British tourist and badly mauls four others; It is promptly killed. After the attack in an inaccessible area of the Arctic circle, a helicopter was sent immediately to reach the victims. Two weeks ago, one man murdered 77 people in Oslo, and he might get 21 years in prison. That's less than four months for each life that he took. It's a pity that the attacker in Oslo wasn't a polar bear!

PAUL PHELAN, VIA E-MAIL

E-mail your letters: **letters@metro.us**
Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact information.

Horoscope

♌ Leo **July 23-Aug. 22.** You and someone you've known for quite a while might start looking at one another in a romantic light; follow through on your yearnings only if both of you are single and available.
♍ Virgo **Aug. 23-Sept. 22.** There's a chance you might spot something that could improve the lot of a close personal friend. Do what you can to make it happen yourself.
♎ Libra **Sept. 23-Oct. 23.** You might finally get a chance to voice all the nice things you've wanted to say to an attractive certain someone. You'll know when it is the right moment.
♏ Scorpio **Oct. 24-Nov. 22.** Conditions are likely to open up in an area that concerns your work, career or reputation. Capitalize on any circumstance or situation that could enhance your best assets.
♐ Sagittarius **Nov. 23-Dec. 21.** Conduct yourself in ways that could earn you the admiration and respect of others, socially as well as business-wise. You can easily do so by letting the real you emerge.
♑ Capricorn **Dec. 22-Jan. 19.** An advantageous change might take place that could prove to be materially beneficial for you. It is something you've thought about, but were fearful to bring about on your own.
♒ Aquarius **Jan. 20-Feb. 19.** A successful agreement can be established if you make it just as advantageous for the other guy or gal as it would be for you.
♓ Pisces **Feb. 20-March 20.** When it comes to work-related situations, don't focus too much on merely what's in it for you. If your efforts show you are concerned for others as well, you'll be successful.
♈ Aries **March 21-April 19.** Lady Luck will help keep you out of debt if you respond to her urgings to watch your pennies. Don't drop your shekels on something that could get quickly get exorbitant.
♉ Taurus **April 20-May 20.** It will be the very people you've helped out in the past who will come to your financial aid if and when you need it. They've been looking for a way to repay your past kindness.
♊ Gemini **May 21-June 20.** No one knows better than you that you get back exactly what you have dished out. Think of life as a favorable exchange, and make every effort to serve up a heaping plate of love.
♋ Cancer **June 21-July 22.** A hobby in which you're involved can be developed into a moneymaking endeavor if you begin to think of it in fiscal terms. BERNICE BEDE OSOL

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Across
1 Pull over
5 Short order
8 Yin complement
12 Rookie surfer
14 Sandwich cookie
15 Outback mineral
16 Acid in proteins
17 Hideout
18 Pliny's bear
19 Freaked (2 wds.)
21 Street divider
23 Diamond stat
24 Bleachers shout
25 Attorney's deg.
26 Rock fragment
30 Cluster
32 Internet fans
33 More admirable
36 Purple tuber
37 Honks
38 Scurry sideways
40 Daunts
42 Aquarium denizen
43 Uttered loudly
44 Blew hard
45 __ Moines
48 Fleming of spydom
49 Toga-party order
50 Atmosphere part
52 Boisterous fun
57 Neutral color
58 Power system
60 Wheel spokes
61 Harness piece
62 Touch down
63 Woolly mammals
64 Dross
65 911 responder
66 Return env.

Down
1 News anchor Bernard
2 Weighty book
3 Norse god
4 Huff and puff
5 Wire nail
6 Aloha token
7 Makes miserable
8 __ be surprised!
9 Chaucer's month
10 Kind of congestion
11 Pancreas or liver
13 Wooden rods
14 Clay pot
20 Pique
22 Every
24 Round dwellings
26 Lay down
27 Genesis hunter
28 City near Zurich
29 Unbroken horse
30 Hissed and hooted
31 Bumpkins
33 Made on a loom
34 Livy's "it was"
35 Hourly fee
37 Bermuda __
39 Pickup truck part
41 Huron neighbor
42 Beet products
44 Solidify
45 People of action
46 Be outstanding
47 Where Damascus is
49 Pirate captain
51 __-ho
52 Clue
53 Super Bowl cheers
54 Bright thought
55 Dead heats
56 Omigosh!
59 Play bumper-cars

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SUDOKU **LEVEL: EASY**

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	1		9	8				
6								8
4			7	9				1
	7	9	8		6	4	2	
5				1	2			6
8								4
				2	7		8	
	5	7				1		

SUDOKU **LEVEL: HARD**

Solution to weekend's crossword

K	A	N	■	S	L	U	M	P	■	■	F	R	O	M
O	B	I	■	C	A	N	O	E	■	M	O	O	L	A
D	A	F	F	O	D	I	L	S	■	A	L	L	E	Y
A	S	T	I	R	■	■	T	O	O	D	L	E	O	O
K	E	Y	L	I	M	E	■	S	U	M	O	■	■	■
■	■	■	S	N	A	K	E	■	D	A	W	D	L	E
N	A	B	■	G	R	I	M	E	■	X	E	R	O	X
O	R	E	S	■	E	N	E	M	Y	■	R	A	C	E
R	I	A	T	A	■	G	N	A	W	S	■	T	I	C
M	A	N	A	N	A	■	D	I	C	E	S	■	■	■
■	■	■	M	O	W	N	■	L	A	N	O	L	I	N
P	R	O	F	I	L	E	S	■	■	S	N	O	R	E
S	A	X	O	N	■	H	O	T	D	O	G	G	E	R
A	V	E	R	T	■	R	I	V	E	R	■	I	N	V
T	E	N	D	■	■	U	R	A	L	S	■	C	E	E

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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Oswalt returns from DL, Phils end winning streak

Oswalt returns from injury, gives up three runs and 12 hits ◗ Phils lose for first time in 10 games ◗ Pence loses for first time as a Phillie ◗ Phils get Dodgers next for three games

You can't win 'em all. The Giants, who beat the Phillies 3-1, snapped a nine-game winning streak and Hunter Pence suffered his first loss in red pinstripes.

It was hardly a shocker, since the Phillies faced their nemesis Tim Lincecum. The Phillies couldn't solve the Giants ace, who is now 4-1 lifetime against Philadelphia during the regular season. Lincecum, who kept the Phillies off balance all day, gave up six hits in 7 2/3 innings.

"He was good," Manuel said. "He was very tough. He changed speeds good. He threw inside. He moved the ball around. He was aggressive inside."

16-5

The Phillies' record in weekend series since June 24. The last time they lost a weekend series was June 17-19 in Seattle.

Roy Oswalt, who pitched for the first time in more than a month, due to a back injury, was decent. Oswalt, who gave up a dozen hits, primarily bloopers and bleeders, was changing speeds effectively and his fastball was in the low 90s.

"He was throwing pretty good," Manuel said. "He could have had better command but I thought he was good. They got some hits. Some of them found holes. He did pretty good for a guy who hasn't pitched in a big league game in a long time."

The Phillies are still looking awfully good on their West Coast trip, which concludes with a three-game set against the Los Angeles Dodgers.

"We're 6-1 out here," Shane Victorino said. "We'll take it. You can't play much better than this. We took three out of four against the Giants in San Francisco and we swept the Rockies. You can't complain about that at all."

ED CONDRAN
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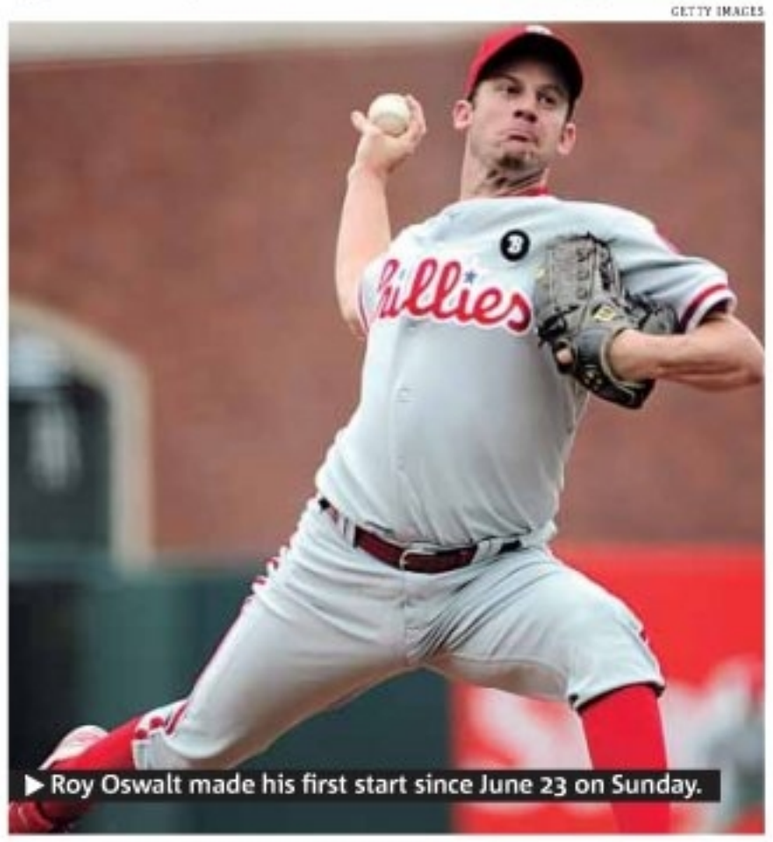

▶ Roy Oswalt made his first start since June 23 on Sunday.

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40 losses

The Phillies, who possess the best record in baseball, finally lost their 40th game, a week into August, which is pretty impressive.

"We're in a good place right now," Shane Victorino said. "We have a really good record (74-40). It's a great thing."

However, Charlie Manuel downplays it. "We haven't won nothing yet," Manuel said. ED CONDRAN

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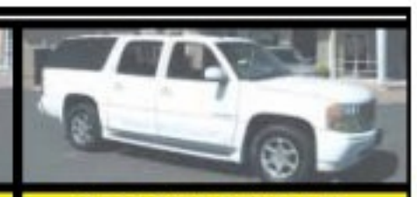
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Neon Deion enters the Hall of Fame

GETTY IMAGES

▶ Deion Sanders won two Super Bowls.

The Pro Football Hall of Fame just got a little more stylish, as Deion Sanders entered the Hall on Saturday in Canton, Ohio.

Along with Sanders, Marshall Faulk, Shannon Sharpe, Richard Dent, Chris Hanburger, Les Richter and Ed Sabol were also enshrined into the Hall of Fame on Saturday. Sanders and Faulk each entered in their first year of eligibility.

"This game taught me how to be a man," Deion said during his speech. "This game taught me if I get knocked down, I got to get my butt back up."

Sanders was a defensive back for 14 years with the Falcons, 49ers, Cowboys, Redskins and Ravens, including two Super Bowls.

"I always had a rule in life that I would never love anything that couldn't love me back," Sanders added.

Faulk was a running back for 14 years with the Colts and Rams. He won the 2000 NFL MVP award and one Super Bowl title.

Sharpe defied all odds. He was drafted in the seventh round from Savannah State, but turned in a 14-year Hall of Fame career with the Broncos and Ravens that included three Super Bowls.

"What separates us is that we expect to be great," he said. "I expect to be great, I expect to do what had to be done." METRO

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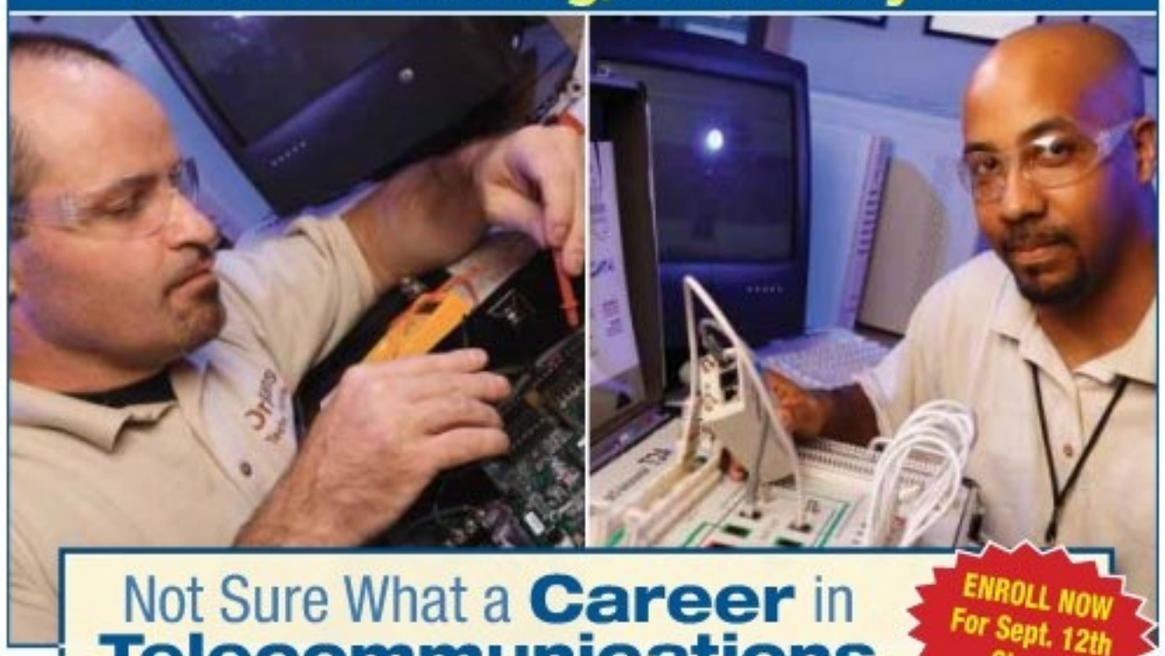

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Evans wins at UFC 133

Rashad Evans was supposed to get a shot at the light heavyweight championship at UFC 133 Saturday night at the Wells Fargo Center.

That didn't pan out. The MMA stalwart's original opponent — titleholder Jon Jones — pulled out of the fight with an injury.

So Evans did the next best thing, dominating last-minute replacement Tito Ortiz to further solidify his bona fides as the No. 1 contender.

Evans took Ortiz down repeatedly, and essentially finished things with a brutal knee to the sternum in the second round. Ortiz succumbed to punches.

GETTY IMAGES

▶ Evans

"I can't say enough good things about how good Rashad looked tonight," UFC president Dana White said.

The night's No. 1 story belonged to Evans looking good. No. 2: Dennis Hallman looking very bad.

Hallman wore something akin to a blue speedo for his bout against Brian Ebersole. White was clearly annoyed by the stunt; he gave Ebersole a $70,000 "getting-those-horrifying-shorts-off-TV-as-soon-as-possible" bonus for his quick KO. ADAM SMARTSCHAN

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1300 Belmont Avenue, Philadelphia PA 19104

on Monday August 22nd, 2011 @ 11:30 AM

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LIST OF NAMES AND UNIT #'S:

James A. Morrell	unit 2112	Kathleen Wright	unit 2080	Roscoe Cook	unit A07	Lori D Williams	unit 4003
Donna J Christopher	unit 1095	Maurice S. Dutton	unit C02	Wendell A. Jones	unit 3058	Gwendolyn R Samuels	unit 4001
Anthony L Walker	unit 4016	Willamie E Arrington	unit 2328	Kim Theresa Goodwin	unit 7105	Nakeshia Steed	unit 8002
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Terrence k Davis	unit F12	Bryheem S. Frazier	unit A06	Alicia Moore	unit 3023	Michelle L Williams	unit 1055

DEVON SELF STORAGE

Public Auction

12 E Oregon Avenue, Philadelphia, PA 19148

on MONDAY, AUGUST 22, 2011 @ 10:00 am

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LIST OF NAMES AND UNIT #'S:

Hershell Miller-Peoples Unit #2594

Victor J Rescigno Unit #2454

DEVON SELF STORAGE

Public Auction

1831 W. Allegheny Avenue, Philadelphia PA 19132

on Monday, August 22nd, 2011 @12:00 PM.

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LIST OF NAMES AND UNIT #'S:

Juanita Brown	#1031	Tony Hodge	#4028
Marsha Kearney	#2072	Lore Rouse	#1012
Charlene Wiggins	#3025	Timina Hughes-Steele	#1006
Anthony Downing	#3019	Gwendolyn Seth	#1107
Jerome McIntyre	#4011	Siddeeq Jackson	#5020
Debra Freeman	#3033	Brian Smothers	#1018
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GETTY IMAGES

▶ Donovan McNabb was traded to the Vikings last week.

Report: McNabb gets a year, $5M

Donovan McNabb may be replacing Brett Favre as the new Minnesota Vikings quarterback, but they don't have much in common.

Favre is a surefire Hall of Famer. McNabb? Not so much.

Favre holds a ton of NFL records. McNabb does not.

Favre won a Super Bowl. McNabb fell short in that regard.

The latest difference is their contracts. McNabb's new contract with the Vikings is a one-year, $5.05 million deal, as compared to the $16 million Favre made last season. The terms of McNabb's contract are according to a report by 1500 ESPN Twins Cities radio in Minnesota.

In 2002, McNabb signed a 12-year, $115 million contract, including a $20.5 million signing bonus, with the Eagles.

The Eagles traded McNabb to Washington in 2010. Last week, the Redskins traded McNabb to the Vikings after just one year in D.C. METRO

Public Storage
NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell to satisfy lien of the owner, at public sale by competitive bidding on **8/18/11 at 12:00 PM at Public Storage Facility located at 2700 Grant Ave., Philadelphia, PA 19114.** Purchases must be made with cash only and paid at time of the sale. All goods are sold as is and must be removed at the time of purchase. Public Storage reserves the right to bid. Sale is subject to adjournment.

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motoring

Saab avoids bankruptcy threat

Saab staved off a fresh bankruptcy threat on Friday by finding the money to pay its workers, but its car production lines remained silent and its long-term funding issues unresolved. Fears over the survival of the 60-year-old firm, rescued from closure early last year, have ebbed and flowed as owner Swedish Automobile chases funding. Its production line has been closed since late April.

On Friday the company paid a delayed July salary to its 1,600 white-collar workers, almost half the workforce. This stopped unions from pursuing a bankruptcy application. Swedish Automobile share rose 2 percent on the news. But there is more to do.

"We still need to reach an agreement on a delivery plan with suppliers."
GUNILLA GUSTAVS

"We still need to reach an agreement on a delivery plan with suppliers," said spokeswoman Gunilla Gustavs.

She repeated the company's view that production would not start before Aug. 29 at the very earliest. **REUTERS**

GETTY IMAGES

▶ Nissan Motor employees assemble the electric Leaf at the Oppama plant in Yokosuka city, suburban Tokyo.

Nissan to cut loss-making exports

The Japanese automaker will focus on boosting sales in Japan ◐ New compact car in development

Nissan Motor Co. said yesterday it aimed to boost its sales in Japan in a move that would also help reduce exports by as much as a third and reduce the impact of the yen's crippling strength.

The dollar's plunge below 80 yen to near record lows has hit profits at Japanese automakers such as Nissan, which exported 610,000, or 57 percent, of its domestically produced vehicles last year.

Despite the headwinds from tough exchange rates, high labor costs and risks of disruption from earthquakes, Nissan has vowed to keep production of at least 1 million vehicles a year in Japan to protect jobs and hone its manufacturing expertise.

By selling more cars in Japan and building more vehicles for other brands under original equipment manufacturing deals, Nissan aims to boost production of vehicles sold locally in Japan from 460,000 vehicles last year to 600,000, Executive Vice President Hiroto Saikawa said.

That would help the ratio of exports out of Japan fall to as low as 40 percent, he said, without specifying a time frame.

Nissan is Japan's No. 2 brand with 13 percent of the world's third-biggest auto market dominated by Toyota Motor Corp. In the business year to end-March 2011, Nissan sold 600,202 vehicles in Japan, of which 24 percent were Nissan-badged 660cc minivehicles built by other Suzuki Motor Corp and Mitsubishi Motors Corp.

Despite being Japan's No. 2 brand, Nissan had just two models in the list of 10 best-selling vehicles last year excluding 660cc microcars, trailing Toyota with five and Honda Motor Co. with three.

To beef up its sales, Nissan was developing a new compact car that it hopes will make the top-10 list, Saikawa said, and eventually sell enough Leaf electric cars to join the top 20. **REUTERS**

Nissan stateside

Nissan said earlier this year it would start U.S. production of its Infiniti JX sport utility vehicle in 2012 to move more manufacturing away from Japan, following a decision to also shift output of the Rogue SUV to the United States.

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motoring

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▶ The Honda CR-V is on the recall list.

Honda recalls 2.5 million vehicles on software issue

Honda Motor Co Ltd. will recall 2.49 million cars, small SUVs and minivans worldwide, including its popular Accord sedan, to repair a software problem that could damage the automatic transmission.

The recall includes 1.5 million vehicles in the United States, about 760,000 in China and 135,142 in Canada, the automaker said.

This week, Consumer Reports said it was not recommending the 2012 Honda Civic. This led some industry analysts to ask if that was symptomatic of larger problems at the automaker.

The company has said it disagreed with the influential U.S. consumer advocate's assessment.

Chris Martin, Honda spokesman at the company's U.S. headquarters, said the recall was not a sign of deeper difficulties, but instead stemmed from "extremely unusual circumstances."

"The far majority of our consumers would never really encounter this," he said.

Jesse Toprak, an analyst with TrueCar.com, said Honda should easily recover from the massive recall.

"The actual problem and the potential consequences of it are not significant," said Toprak. "It can affect the performance of your transmission only if you are stuck in mud or snow and you are rocking back and forth very quickly between gears, and the transmission software can't keep up and you can potentially damage the transmission." REUTERS

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